

# Which Bird Are You?

## 5th Grade Curriculum



Take Flight Learning

# Help Your Students Harness the Power of Their Personality

Imagine if your students better understand themselves and their classmates, as they accept who they are, and appreciate the differences in others.

The *Which Bird Are You? Curriculum* teaches children about the four personality styles that we call Eagles, Parrots, Doves, and Owls. The Birds bring the personality styles to life with imagery that is instantly recognizable and memorable.

<p><b>Eagles:</b> Confident, daring, takes charge, competitive <i>Motto: I got this!</i></p> 	<p><b>Parrots:</b> Outgoing, energetic, optimistic, talkative <i>Motto: We can do it!</i></p> 
<p><b>Owls:</b> Precise, logical, questioning, factual <i>Motto: Think about it!</i></p> 	<p><b>Doves:</b> Supportive, patient, friendly, good listener <i>Motto: Let's help each other!</i></p> 

Lesson	Students participate in ten 30-40 minute teacher-led lessons that include:
1	 Students discover the four birds styles in the read-aloud book, <i>Flight School</i> .
2	 Students meet the Eagle.
3	 Students meet the Parrot.
4	 Students meet the Dove.
5	 Students meet the Owl.
6	Students answer, “Which bird are you?” based on the <i>Which Bird Are You? Kids Profile</i> .
7	Students learn to use the power of their style by considering, “Is my bird at its best?”
8	Students learn how to read the styles of others as they answer, “Which bird are they?”
9	 Students learn to flex their styles as they answer, “What would the Chameleon do?”
10	Students review and summarize their learning about the styles and themselves.

# What's Included in the *Which Bird Are You?* Curriculum?

## Teachers receive:

- ***Which Bird Are You? Teacher's Guide*** – This fully-scripted guide makes it easy for teachers to lead ten fun and interactive lessons to help children learn about the styles, themselves, and others.
- ***Taking Flight Profile*** – Teachers learn about their own style so they don't impose it on students.
- ***Flight School book*** - This short, read-aloud book introduces the Eagles, Parrots, Doves, and Owls to kids.



## Students receive:

- ***Which Bird Are You? Kids Profile*** - This assessment helps students understand what makes them special. Plus, it includes sections that show parents and teachers how to support, teach, and interact with the child.
- ***Which Bird Are You? book*** - This children's book explores the birds and their personalities through the magic of the Eagle, Parrot, Dove, and Owl Kingdoms and the adaptable Chameleon Ambassador.



## Benefits for Students and Schools

- Enhanced Social & Emotional Learning
- Children discover what makes them special
- Stronger communication skills
- Happier and more positive students
- Increased acceptance of differences
- Reduce conflict and bullying
- More positive interactions between students
- Improved school experience
- Heighten respect for others
- Support for diversity and inclusion initiatives

## Benefits for Teachers

- Discover the four styles and how to make the most of their teaching style
- Learn how to flex their teaching style to match the personality needs of their students
- Create an engaging and inclusive environment for all students
- Learn to provide constructive behavioral corrections to reduce conflict and bullying



## The Story of How the Birds Became Available to Children



Imagine a world in which a child begins the process of gaining self-awareness in grade school. What kind of impact would teachers have if they knew how to guide that child through the most important life lessons?

Taking Flight Learning offers a refreshing take on personality training, making it experiential, fun, memorable, and practical. Students will instantly be able to apply their new skills. They will be use their insights throughout their lives as they build relationships and work towards success in school and life.

Take Flight Learning has taught the DISC personality styles to people at more than half the Fortune 100 companies. CEO and founder Merrick Rosenberg transformed DISC training by linking the letters to four birds—Eagle, Parrot, Dove, and Owl—that are easy to remember and apply.



After working with hundreds of thousands of people in the corporate world, individuals regularly expressed that they wished they had learned about the styles when they were younger. They also asked the questions, “How can I teach the bird styles to my children?” and “Why aren’t schools teaching this to kids?”

For decades, adults have seen the power of taking personality profiles to learn about themselves. But these powerful tools haven’t been available to children...until now.

Merrick Rosenberg answered these requests by writing two children’s books, *Which Bird Are You?* and *Flight School*. At the same time, Take Flight Learning created the *Which Bird Are You? Profile and Curriculum*.



It’s time to bring the Eagles, Parrots, Doves, and Owls into the classroom and help children increase self-awareness, confidence, and gain the skills to interact with people of any style.



Take Flight Learning

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